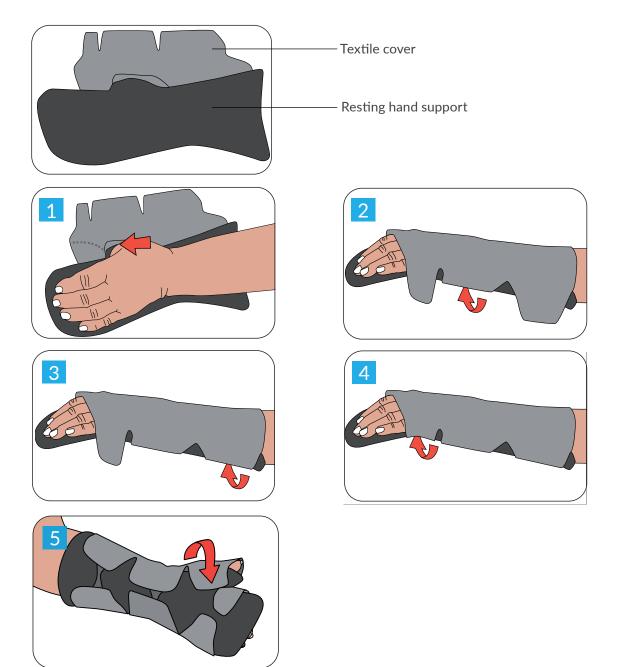


## Patient Guide S.O.T. Hand Orthosis

## How to put on the orthosis

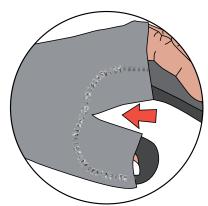
For the orthosis to work best, the cover must be adjusted to fit well in the thumb crease (see picture to the right). Then attach the cover gradually, starting with the wrist strap, ensuring it is smooth and comfortable. If the hand is swollen, a cover in a larger size may be needed.



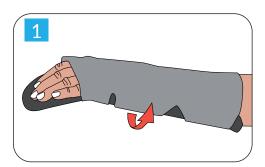
## Take off the orthosis

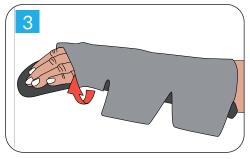
Loosen the cover on the little finger side of the hand in the order shown in the pictures. Leave the cover on the thumb side of the hand and between the thumb and index finger. It will be easier to put the orthosis on if the strap along the thumb and in the thumb grip remains in place.

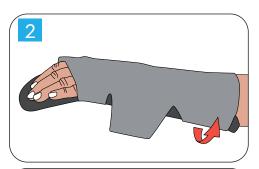
Care instruction: Wash the assembled product in a washing bag at 104°F (40°C), gentle cycle. Lay flat to dry.

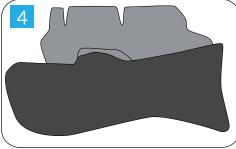


Leave Velcro® secured.









The orthosis should be used:	 	
Things to consider:	 	
If any problem arises, please contact:		
Name:	 	
Phone:		